

CURRICULUM IMPACT STATEMENT: Physical Education

Intention

- **We offer a broad and balanced Physical Education curriculum that aims to educate pupils of all ages and abilities. We aim to provide pupils with a curriculum that gives them the best possible outcome whenever they join Education Unity Trust. We work alongside all other subjects in school to capture cross-curriculum links and promote the idea of life long learning. Physical Education also aims to address and support the Social, Emotional and Mental health needs of our pupils.**
- **Pupils can develop their confidence and interest in exercise, sports and activities out of school. We support them in their understanding of how to apply the long-term health benefits of physical activity.**
- **To cater for pupils with a wide range of needs, the PE curriculum at Pinetree is designed to address gaps in their performance during secondary education. This enables pupils to fulfil their potential and foster a love of learning as well as giving them the confidence to achieve nationally recognised qualifications.**
- **We assess the needs of pupils upon joining Pinetree and continue to differentiate to cater for the needs of pupils as they emerge. The curriculum is designed to identify strengths and weaknesses, encourage a culture of self-awareness and create opportunities for success in the short, medium and long term.**
- **We promote PE as a relevant subject with highly transferrable skills in all aspects of life to encourage a long term healthy lifestyle and love of sport.**

Impact

- **Pupils build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. They start to understand what makes a performance effective and how to apply these principles to their own and others' work.**
- **Pupils develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand how to apply the long-term health benefits of physical activity.**
- **Pupils tackle complex and demanding physical activities, getting involved in a range of activities that develop personal fitness and promote an active, healthy lifestyle.**

- All learners participate in a diverse range of lesson and extra-curricular activities including team and individual sports such as athletics, badminton, gymnastics, football, basketball, rugby, table tennis, use of the gym and archery. Our aim is to develop core cognitive and biomechanical movements, the ability to work as part of a team, and develop communication skills.
- At KS3 and KS4 we offer P.E licences that highlight key competencies for individuals to achieve, thereby progressing towards an Entry Level GCSE Qualification. This allows pupils to develop in Physical Education, gaining a qualification which is primarily built around practical assessments. Pupils can develop their knowledge and understanding in P.E, identify strengths, weaknesses, opportunities, discuss tactical ideas, and apply them in sporting situations. A small percentage of the qualification will be based on a pupil's ability to analyse performance.
- Sports Leader awards are available should pupils complete qualifications and desire further accreditation. However, pupils should be aware that the course requires copious amounts of independent work. This requires ambition and drive from the individual, but could lead to a PE based career pathway post 16. Should pupils exceed achievement options, the full GCSE in PE is an option for them.
- All our qualifications help build scores and skills for future education in college and at university.